

# News From Lyon & Pleasant Ridge

*September 7, 2018*

## **Glenview District 34**

### **Our Mission**

*To empower children to be self-directed learners and responsible decision makers.*

### *Lyon School*

*1335 Waukegan Road*

*Glenview, IL 60025*

*(847)998-5045 Phone/(847)998-9701 Fax*

*(847)657-2894 Absence Calls/Health Office*

Website: <https://ly.glenview34.org>

### *Pleasant Ridge School*

*1730 Sunset Ridge Road*

*Glenview, IL 60025*

*(847)998-5050 Phone/(847)998-5532 Fax*

*(847)657-2794 Absence Calls/Health Office*

Website: <https://pr.glenview34.org/>

## **Lyon School Important Dates**

### **Monday, September 10**

No School

### **Tuesday, September 18**

PTA Meeting 9:45 at Lyon School

### **Wednesday, September 19**

No School

### **Friday, September 21**

Picture Day

### **Friday, October 5**



Lyon School Spirit Day  
Walk/Bike To School Day  
International Night at Pleasant Ridge 6:00 p.m.

## Pleasant Ridge Important Dates

### ITEMS:

After school chorus will start on September 11th, and 12th.

3rd grade is TUESDAY after school

4th/5th grade is WEDNESDAY after school

Please turn in permission forms as soon as possible to Ms. Partyka or Ms. O'Malley. Thanks!

### DATES

#### **Friday Sept 7**

After School Art (2:30-3:30)

#### **Tuesday Sept 11**

3rd Grade Chorus - First Day (2:30-3:30)

#### **Wednesday Sept 12**

4th & 5th Grade Chorus - First Day (2:30-3:30)

#### **Friday Sept 14**

9-10am Mentor Coffee

After School Art (2:30-3:30)

#### **Tuesday Sept 18**

3rd Grade Chorus - First Day (2:30-3:30)

#### **Wednesday Sept 19**

4th & 5th Grade Chorus - First Day (2:30-3:30)

#### **Friday Sept 21**

Picture Day (8am-12pm)

After School Art (2:30-3:30)

## From The Principal's Desk

Dear Lyon Families,

Welcome to the 2018-19 school year! We sincerely hope that by now the routines of school are beginning to settle in and that everyone in your household has happily made the transition. If not yet, do not be overly concerned – it will come! Just as it takes longer for some children to reach physical or academic milestones, it can take longer for some kids to adjust to a new setting and routine. Soon everyone will be acclimated, comfortable with our daily life at Lyon, and actively engaged as learners.

This Lyon/Pleasant Ridge newsletter, along with our websites, is intended to answer in advance many of the questions you might have at various points throughout the year. However, if you ever have a

question or need clarification on something school related, please do not hesitate to contact us. We are always here to help, and we welcome your feedback.

Thanks very much to those who joined us for Curriculum Night! As I shared during my remarks, we are all partners in the children's school experience, and the more we can make that partnership a genuinely strong one, the better the experience will be for our students. So much of that relationship is based upon trust, and we take seriously the responsibility of earning that from you.

Also shared at Curriculum Night were the main details of our homework guidelines at Lyon. We will implement consistent homework practices this year across our three grade levels. This is intended to support developmentally appropriate amounts of practice outside of school while fostering children's other healthy uses of time such as play, creative activity, extracurricular activity, time with family, etc. These practices are also intended to provide families with clear and consistent guidelines, regardless of homeroom teacher, for supporting a simple homework routine. For any homework situation, the following applies:

- *Kindergarten - all homework is optional  
(if chosen, should not exceed 10 minutes total)*
- *First Grade - should not exceed 10 minutes total*
- *Second Grade - should not exceed 20 minutes total*

These times do not include daily reading time (i.e., being read to by an adult and/or independent reading). Simply put, your child should work on homework assigned until the designated amount of time, then stop (or stop when finished if it is less than the designated time). We respect different families' opinions and perceptions of their children's homework needs, and we realize some families may seek out additional academic practice at home for their children. This will not be coming from Lyon staff as our differentiation efforts will be concentrated on the school day with our students. There is much you can read online and elsewhere on this topic. Harris Cooper, professor of psychology and neuroscience at Duke University, is one of the better-known researchers on the subject. You can read a simple summary of his work (referencing the "10-minute rule", which has influenced our practices as described above) [here](#). Thank you for your support!

As the weeks progress, the children will continue to learn and practice our school-wide guidelines for success (**Be Safe, Be Kind** and **Give Your Best Effort**), and we will reinforce these all year long. Thank you for also supporting these concepts at home and for encouraging your children's increased independence – one of the overarching goals for all of our students. Remember, they are even more capable than you think. Let them do it, solve it, work it out, clean it up... themselves!

The caring and commitment on behalf of children is always so impressive in our school community, and we thank you again for all that you've done to help start the school year in such a positive way. We're looking forward to an outstanding school year and to seeing you at Lyon soon.

Dear Pleasant Ridge Families,

It's been a busy and wonderful first two weeks at Pleasant Ridge. I've been pleased with the smooth start to the school year. It's actually quite amazing how both students and adults all fall back into our learning routines so quickly. We've had the pleasure of welcoming new students and reconnecting with our returning students. I'm excited for a great year and look forward to all the unique stories that will be told in the 2018-19 school year.

The two quotes below got me thinking and I wanted to share some thoughts on the work we do with your children and our students.

**“You can’t learn in school what the world will do next year.” - Henry Ford**

**“One looks back with appreciation to the brilliant teachers, but with gratitude to those who touched our human feelings. The curriculum is so much necessary raw material, but warmth is the vital element for the growing plant and for the soul of the child.” - Carl Jung**

As we enter the first part of our school year I’ve been reflecting on how we will measure the progress and success of our students. We can always look to our formal assessments and benchmarks to gauge academic progress, but I’m just as interested in how we are helping our students grow as individuals and citizens of the world. When we look at gauging progress through this lens, it gets a little trickier to quantify and measure change. Yet, we strive to impact children intellectually, socially, and emotionally through all the work we do.

Our job is so much more important than teaching students content. We are preparing children for a world that is changing quite rapidly and we must help them develop critical thinking and problem solving skills to adapt to these changes. As Henry Ford alluded to in the quote above, we are preparing children for a world that is evolving and unknown. But in this incredible journey we are committed to develop caring relationships with and between our students. It is through these relationships and the community we build that we create a space for learning to occur.

I know every adult at Pleasant Ridge is committed to help every child grow and reach their fullest potential. We see children as children and recognize they all have special gifts to share with us and their classmates. Our efforts to develop relationships with individual children and within classrooms will create the setting for learning to occur and growth to unfold. I welcome the awesome responsibility and honor that it presents to help every child succeed. I hope throughout the year we can all collectively recognize when children demonstrate growth in all their pursuits, both in the classroom and outside the school setting.

As always, I appreciate your support in our work to help children grow and be the best they can be.

Enjoy the start of Fall!

## News From the PTA

Greetings, Lyon and Pleasant Ridge families! I hope you are settling in to the new school year. Each year brings the PTA a new opportunity to support schools, families and community by enriching the education experience of each child. I hope you will consider getting involved in the PTA. Our website, weekly eBlasts and monthly meetings are all great ways to stay informed about the PTA’s fundraising activities, community building events and student enrichment opportunities.

Be on the lookout for this year’s PTA membership campaign happening mid-September. Every contribution, whether it is your time, knowledge or resource, truly make a difference. Our first PTA meeting is Tuesday, September 18 at 9:45AM. The principals will talk about the upcoming year. The PTA Board will discuss the PTA events and volunteer opportunities for the year. Lunch will be served afterwards. Everyone is welcome. You don’t have to be on the board to come and hear what’s happening! Check the website for the full list of meetings and locations.

I would like to extend a huge thank you to several committee chairs and parent volunteers that have already been busy with PTA activities. Thank you:



- Rebecca Richards for her tireless effort and execution of the new school supplies program.
- Gail Weiss for aiding in the weekly eBlasts.
- Whitney Langas and Jessica Plopper for assigning room parents to every homeroom and preparing room parents for curriculum night talks and beyond.
- Maria Stephan for matching up new families with mentors and hosting a fun meet and greet coffee for them to socialize.
- Megan Spathis and Staci Willis for organizing 1st grade lunch helpers. Also, a special thank you to all the parent volunteers for helping make the students transition back to school a little bit easier.
- Natalie Sepahddari for continuing to assist with our extracurricular programs.
- Jenny Gitleson for selling spirit wear at the Pleasant Ridge curriculum night.
- Jennifer Havill and Gaila Polyanovsky for planning International Night.
- Sharon Bux for continuing to guide me with knowledge.
- To all of the many volunteers who answered the call/email and got involved already. Your time is truly appreciated.

Finally, International Night plans are in full swing. This is a wonderful evening celebrating and showcasing the cultures in our school community. The event will take place on Friday, October 5 from 6-8PM at Pleasant Ridge. Be sure to attend with your family.

If you have any questions or want to get more involved, please email me at [aoneill2@yahoo.com](mailto:aoneill2@yahoo.com).

I look forward to an exciting school year!

Kindly,

Anne O'Neill (Binney)

## Message From Linda Brown, Lyon School Social Worker

Dear Parents and Guardians,

The Glenview School District curriculum continues to include Erin's Law, a state mandated, age-appropriate sexual abuse / assault awareness and prevention education program for students Pre-K through 12th grade. Erin's Law is named after abuse survivor Erin Merryn, who is working to have all 50 states pass legislation that mandates sexual abuse prevention education for public school children. The law's goal is similar to efforts surrounding anti-bullying, internet safety, and drug prevention. The website for Erin's Law states that without proper education, most children will be repeatedly abused for years because often the only message they receive comes from their abuser who threatens them into silence. The new law's mission is to "shatter the silence and stigma around sexual abuse and educate children and empower them with their voice."

In keeping with this state mandate, Lyon School will be teaching sexual abuse awareness in a sensitive and developmentally age appropriate manner. The lessons will be taught by our school social worker, Linda Brown. We will educate students on safe touches and unsafe touches, safe secrets and unsafe secrets, and how to "get away and tell today." We are happy to be able to offer this important and valuable learning opportunity to our students.

If you do not wish to have your child participate, please send a note to the school office (to the attention of our Social Worker) or email Linda ([LBrown@glenview34.org](mailto:LBrown@glenview34.org)) prior to Friday, September 21st, and we will arrange for alternate activities during the presentation.

The website for more information on Erin's Law is: <http://erinslaw.org/>

Thank you!

# Important Food Service Information For Lyon and Pleasant Ridge

Please review this important food service information which includes the [menu cycle](#) and the [cycle calendar](#).

## P.E. at Pleasant Ridge

What a great start in the Pleasant Ridge gym! Students have been working on their cardiovascular endurance, muscular strength and flexibility during our daily, fitness focused warm-ups. Students learned how to throw and catch a frisbee with proper form. This past week, they were able to use these skills during ultimate frisbee games. Next week, students will work on fundamental soccer skills and complete fall fitness testing. The information gathered from testing will allow students to set specific and realistic goals.

Looking forward to a fantastic school year!  
Kate Grubba, Patrick Hoeft, and Troy Cutler

## Picture Day For Lyon and Pleasant Ridge

Picture Day is Friday, September 21st for both  
Lyon & Pleasant Ridge.  
Don't Forget Your Smile!!!!



## It's Not Too Late For School Supplies

**School supplies are still on sale.**

Simply pay a single fee and your child's classroom supplies are covered for the entire school year. There will be no more pre-packaged kits or lists. All supplies will go directly to the teachers. Order online at <https://www.lyonprpta.org/school-supplies> When ordering online please put your child's name in the box marked "add an additional note to merchant".

## Before School Drop Off/After School Pick-up Procedure

The following procedures have been put in place to make the beginning and end of the day safe and smooth. We ask that all parents assist us in assuring that every child at Lyon is safe by following these rules. Your assistance is greatly appreciated.



All parents are asked to remain in their vehicle and pull up alongside the canopy at the front of the building to unload/load their children on the curbside. The line for cars starts at the student loading area and continues around the outer perimeter of the bus lanes. **Parents are not allowed to park and walk their children through the parking area to/from a vehicle.** If a child is having difficulty and requires adult assistance, please pull your car into one of the 15 minute spaces.

All traffic should go around the bus lanes and remain in the car lane for drop-off/pick-up. Only a single lane of traffic will be allowed in the inner circle of the driveway along the front of the school. Anyone needing to enter the school for a before/after school meeting or activity is asked to park in the outer lot and utilize the crosswalk near the building to cross. The only exceptions to this are vehicles with designated handicapped parking permits and the student services transportation vehicles.

Parents will not be allowed to park and wait in the school hallway or under the front canopy of the school for their child, but must remain in their vehicle before and after school. If your child is assigned a bus please use this service whenever possible.

If you will be picking children up at the end of the day, please write a note indicating your child will be a car rider or a walker. Your signature, along with the correct day/date, will help in making the correct changes. If on the rare occasion your transportation arrangements require a change for your child during the school day, please call the office before 3:00 p.m. This will allow the office staff ample time to notify your child's teacher of the change.

Students are not allowed to ride any bus other than the one assigned. Thus, a child may not ride home on another bus for a play date or go to another child's home if it requires a change from their assigned bus. Parents will need to make their own transportation arrangements for this purpose.

**Finally, please observe and follow all directions of the Lyon staff.** They are present to assist in a safe and efficient pick up for your children. Thank you again for your cooperation with these procedures.

## From the Health Office

**Reminder.....** State of Illinois Physical form requirement:

The State of Illinois requires all children to present evidence of having had a physical examination, including all required immunizations.

(State of Illinois Code, Chapter 122, Section 27-8)

- A physical examination (no more than one year old) including immunizations (signed by the parent/guardian and a health care provider) is required for students entering kindergarten and again in 6th grade.
- If a student is transferring into District 34 for the first time, he or she is also required to provide a copy of a State of Illinois physical exam including immunizations (signed by parent/guardian and a health care provider).

### Medication at School

If your child needs to take any medication at school during the school day, either prescription or over-the-counter medicine, doctor approval must be on file in the Health Office at school. Forms can be found on the District 34 website on our [frequently used forms page](#). There will be no exceptions to this policy. At no time should a student be given medication to carry to school in their backpack or pocket. Further information can be obtained by calling the Health Office phone number at (847)657-2894. The parents of students who require the use of an inhaler due to an asthmatic condition must contact the school Health Office.

### Student Absence

If your child will be absent from school, please call the Health Office phone number at (847)657-2894. You can call this number after hours and leave a message at any time. Leave your child's name, the teacher's name, reason for the absence and expected number of days they may be out of school.

# Important Forms

[2018-2019 District 34 Parent Calendar](#)

[Authorization And Permission For Administration Of Medication](#)

[Cell Phone Use Agreement and Permission Form](#)

[Dental Exam Form \(completed for Kindergarten, 2nd, and 6th grades\)](#)

[Dental Exam Waiver](#)

[District Policies/Handbook Info](#)

[Eye Exam Form](#)

[Eye Exam Waiver](#)

[Food Guidelines](#)

[Health Examination Form](#)